



Laura Christine Strom

MS Counseling, Gerontological Emphasis, Rehabilitation Credential
California Licensed Marriage and Family Therapist ♦ LMFT 49174
California Licensed Professional Clinical Counselor ♦ LPCC 149
Certified Rehabilitation Counselor ♦ CRC 00113822
Registered Play Therapist ♦ RPT 3178, National Provider ID 1730425653
PO Box 353, Monte Rio, CA 95462 ♦ Cell: 707.889.9168
Email: LCStrom@gmail.com ♦ Web: LauraCStrom.com



Curriculum Vitae

Qualifications

Specialized training in treating adults and children with posttraumatic stress disorder, case/care management, older adults, crisis intervention, bereavement, suicide risk, disabilities and accommodation recommendations for home, school and work settings, rehabilitation counseling, issues of deaf, late deafened and hard-of-hearing persons, brain injury, hidden disabilities, autoimmune disorders, brief therapy, groups, Jungian sandplay therapy, human sexuality and gender identity, instruments, research, and play therapy with children.

Education

Doctorate of Psychology (PsyD), Doctoral Candidate, CalSouthern.edu
Anticipated graduation date Aug. 2019
Dissertation topic: trauma treatment of young children.
Master of Science degree, Counseling/Gerontological Emphasis, May 2007
San Francisco State University, with honors, GPA 3.97
Bachelor of Arts degree, Psychology, minor in Counseling, SFSU May 2005
San Francisco State University, cum laude
SFSU Dean's list, all semesters, academic GPA, 3.95

Certifications/Licenses

Registered Play Therapist (RPT 3178) Sep. 2016
National Provider Identification (NPI) # 1730425653 Dec. 2012
Certified Rehabilitation Counselor (CRC 00113822) Nov. 2012
Licensed Professional Clinical Counselor (LPCC 149) Sept. 2012
Licensed Marriage and Family Therapist (LMFT 49174) Oct. 2010
PPS Credential Program, SFSU School Counseling Dept, May 2009
All hours earned towards Pupil Personnel School Credential
Deafness, Hard-of-Hearing Counseling Credential Program, SFSU May 2009
Rehabilitation Counseling Credential Program (CRC), SFSU May 2009
Nationally Certified Suicidologist, 60 hour training Dec. 2004

Employment

Certified Rehabilitation Counselor, CRC 00113822 11/2012 – present
Licensed Professional Clinical Counselor, LPCC 149 09/2012 – present
Licensed Marriage and Family Therapist, LMFT 49174 10/2010 – present

Specializations include short term trauma therapy (Stanford Cue-Centered Therapy), disability and accommodation recommendations with a specialty in brain injury, deafened or hard-of-hearing persons, and chronic illness/pain/hidden disabilities. Jungian Sandplay Therapy, Eye Movement Desensitization and Reprocessing Therapy (EMDR). Office location:

3442 Mendocino Ave., Suite A, Bldg. E., Santa Rosa, CA 95403. Phone: 707.889.9168.

Strom, Laura—CV

LCStrom@gmail.com

707-889-9168

- Lecturer, San Francisco State University, Counseling Department 8/2017—present
San Francisco State University
Master of Science Counseling Program
Primary duties include teaching second year students internship/practicum, family therapy, and culminating experience projects (master's thesis). Part-time position, two classes/semester.
- Clinical Research Coordinator (Child Trauma Therapist) 4/2009 – 11/2011
Stanford Early Life Stress Research Program
Department of Psychiatry and Behavioral Sciences
Division of Child & Adolescent Psychiatry
Primary duties include conducting therapy for children with posttraumatic symptoms per research protocol, psycho-education of traumatized children and their families under a 3 year grant program. Also see internship. 20 hr/week position.
- MSSP Supervising Care Manager 12/2009 – 11/2010
Rehabilitation Services of Northern California
Multipurpose Senior Services Program (MSSP) – Contra Costa County, CA
Primary duties included clinical/rehab supervision of a care team of 4 social work care managers, and 3 public health nurses serving 180 clients in Contra Costa County, CA.
40 hour/week position.
- Care Manager 11/2007 – 3/2010
Masonic Outreach Services, Masonic Home for Adults
Duties included case management and counseling for older adults and families. Issues of late deafened and hard-of-hearing adults, mobility, communication, cognitive deficits, grief and loss, family counseling, end-of-life. 40 hour/week position.
- Researcher/Counselor, Living After Loss, SFSU Research Project, Summer 2007
- Chief Financial Officer/Partner, Heirloom Engravers, San Carlos, CA 2/1985-8/2003
- District Traveling Manager, Things Remembered, (TX & CA) 1984-1985
- Store Manager, Things Remembered, various locations (TX & CA) 1983-1985

Awards and Recognitions

- “CAMFT 2014 Outstanding Chapter Leader, Redwood Empire Chapter”, March 2014, California Association of Marriage and Family Therapists, Chapter Leadership Conference, Dolce Hayes Mansion, San Jose, CA
- “The Graduate Distinguished Achievement Award”, May 2007, given to the top three graduates of each department based on faculty nomination, reviews, history and academic achievement. Highest and most prestigious award given to SFSU graduate students. Approximately 80 awards given out of 7000 grad students.
- “The Peggy H. Smith Scholarship – Top Second Year Intern – Outstanding Work at a Field Placement and Outstanding Academic Achievement” Award, May 2007. Given to the top four students in the SFSU Counseling Department.

“*The Virginia Lee Block Scholarship – Top First Year Intern – Outstanding Work at a Field Placement and Outstanding Academic Achievement*” Award, May 2006. Given to the top four students in the SFSU Counseling Department.

“*Outstanding Girl Scout Leader of the Year*” Award, May 1999, Coastside Division, for leading encampments of 100 people, three years in a row, and partnering with Hispanic/Latina Spanish-speaking troops.

“*The Best of the Best*” Award, May 1983, given to the top 8% of Things Remembered store managers for 39% sales growth over the previous year’s sales.

Counseling Internships

- Hearing & Speech Center of Northern CA*, San Francisco, CA 8/2006-5/2007
Deaf, deafened, hard-of-hearing clients. Issues addressed: loss, vocation, isolation, depression, rehabilitation, hearing screening, co-occurring disorders, personality disorders, suicidal ideation, transgenderism, LGBT issues. Interventions used: individual therapy, technology assessments and recommendations, case management networking.
- Stanford PTSD Cue-Centered Therapist*, Stanford, CA 12/2005-6/2007
Innovative 15-17 session intervention of cognitive behavioral therapy and narrative therapy for adolescents and their families who have suffered trauma, and have posttraumatic stress disorder (PTSD) symptoms, pilot study in Visitacion Valley Middle School.
- Visitacion Valley Middle School*, San Francisco, CA 8/2005-6/2007
Adolescents and families. Issues addressed: Adolescents with posttraumatic stress disorder, anxiety, bereavement, eating disorders, suicidality, enuresis, mutism, acute trauma. Interventions used: individual play/talk therapy, family therapy, groups for learning disabled and emotionally disturbed children, groups including girl empowerment, social skills building, anger management, self esteem building, sharing, art therapy, crafts, focuses have included vocation, diversity, violence prevention, drug use, gangs, HIV/STD prevention, sex education, women’s issues and pregnancy.
- Hospice Bereavement Counselor*, Sutter VNA & Hospice, San Mateo, CA 6/2005-5/2007
Bereaved adults and families. Issues addressed: bereavement, depression, loss of housing, substance abuse and recovery. Interventions used: individual therapy, groups including daughters who have lost their mothers; trained as patient care volunteer.
- Coastside Adult Day Health Center*, Half Moon Bay, CA 9/2006-5/2007
Seniors and their families. Issues addressed: substance abuse, end of life, loss, recovery. Interventions used: groups including sharing, life review, art therapy, Alzheimer’s tactile stimulation.
- Suicidology Crisis Counselor*, SF Suicide Prevention 11/2004-2/2006
Telephone counseling with suicidal or severely mentally ill persons; crisis intervention, networking with local service agencies.
- Human Sexuality Counselor/Teaching Assistant*, SFSU Biology Dpt./EROS 8/2004-6/2005
Teaching all aspects of human sexuality with an emphasis on safety and diversity. Special interests/research: needs of GLBT youth and “Two-Spirit (transgender)” counseling.

Languages

Conversational Spanish, including reading and writing
Basic Russian, including reading and writing
Basic American Sign Language

Research interests

Experiences of transgendered people, PTSD, family reunification, deafened and hard-of-hearing persons, rehabilitation counseling, aging as an LGBT person, adventure based counseling, community psychology, psycho-education, traumatic brain injury (TBI), ACE Study.

Publications

- Strom, L. (2016). "Situational/stress-related symptoms or serious depression: What's the difference?" *NAMI Advocate*, Fall 2016. Arlington, VA: NAMI.org.
- Strom, L. (2014). "Restoring Jack's broken crown". *Healdsburg Patch*: Healdsburg, CA.
- Strom, L. (2014). Laura. In: C. Molloy, (Ed.), 2014. *Tales from the Dry Side* (1st ed., Vol. 1, pp 50-63) Denver: Outskirts Press.
- Strom, L. (2013). "An ACE up your sleeve: The surprising story behind adult illness and disability—implications for parents". *Healdsburg Patch*: Healdsburg, CA.
- Strom, L. (2013). "Trauma treatment planning for clinicians". *TherapistAid.com*: Jacksonville, FL.
- Strom, L. (2013). "Accessible sandplay". *Jungian Sandplay Therapy Almanac (Альманах Юнгианская Песочная Терапия)*: Moscow Association for Analytical Psychology: Moscow, Russia.
- Strom, L. (2012). "Tips to help children cope with traumatic events". *Healdsburg Patch*: Healdsburg, CA.
- Strom, L. (2012). "The healer with the soft brown eyes: Coping with traumatic grief". *Healdsburg Patch*: Healdsburg, CA.
- Strom, L. (2012). "Introducing...LPCC, CRC and me (Laura)". *Healdsburg Patch*: Healdsburg, CA.
- Nelson, L. & Strom, L. (2012). "Hospice teams up with horses". *Strides - PATH International*: Denver, CO.
- Strom, L. (2011). "Hillary Adams: A brand spanking new poster child". *Half Moon Bay Patch*: Half Moon Bay, CA.
- Strom, L. (2011). "Redefining crazy". *Half Moon Bay Patch*: Half Moon Bay, CA.
- Strom, L. (2011). "Dangerous communication". *Half Moon Bay Patch*: Half Moon Bay, CA.
- Strom, L. (2011). "The most delicious cookies in the whole world: A story of domestic violence". *Half Moon Bay Patch*: Half Moon Bay, CA.
- Strom, L. (2011). "You're talented, but you can't do that". *Half Moon Bay Patch*: Half Moon Bay, CA.
- Strom, L. (2011). "Animals as healers". *Half Moon Bay Patch*: Half Moon Bay, CA.
- Strom, L. (2011). "Kitchen table healing: Helping children deal with trauma". *Half Moon Bay Patch*: Half Moon Bay, CA.
- Strom, L. (2011). "Dementia is a two-headed snake". *Half Moon Bay Patch*: Half Moon Bay, CA.
- Strom, L. (2011). "Dancing despite disabilities". *Half Moon Bay Patch*: Half Moon Bay, CA.
- Strom, L. (2011). "Three tips everybody should know to reduce anxiety and stress". *Half Moon Bay Patch*: Half Moon Bay, CA.
- Strom, L. & Wilson, J. (2009). "Horses as healers: Equine facilitated therapy for grieving children". *Vistas ACA Online Journal*: Alexandria, VA.

- Bidell, M., Blando, J., Doherty, C., Orozco, G. & Strom, L. (2009). "Transgender Experience", currently in progress.
- Chope, R. & Strom, L. (2007). "Critical considerations in career and employment counseling with transgender clients". *Vistas ACA Journal*: Alexandria, VA.
- Strom, L. (2004). "Childbirth Resources" in Auleb, A. (Ed) *Human Sexuality 2004 Lecture Guide and Workbook*, Eden Programs: San Francisco, CA.
- Strom, L. (1999). "Camp Butano Nature Seek & Find: A Booklet of Fun Activities for Girl Scouts", *SF Bay Area Girl Scouts*, Oakland, CA. Adopted as curriculum for GSA Camp Butano.

Counselor outreach publications

- Strom, L. & Van Leeuwen, D. (2017). "Redwood Empire CAMFT holds a sacred space for community affected by the Northern California fires". *The Therapist: Magazine of the California Association of Marriage and Family Therapists – November/December 2017*: San Diego, CA.
- Strom, L. (2017). "Book review: Cue-centered therapy for youth experiencing posttraumatic Symptoms". *The Therapist: Magazine of the California Association of Marriage and Family Therapists – March/April 2017*: San Diego, CA.
- Strom, L. (2016). "LMFT Advocacy Efforts (and how you can help with a mouse click!)". *The Therapist: Magazine of the California Association of Marriage and Family Therapists – March/April 2016*: San Diego, CA.
- Strom, L. (2016). "The ACE in the Chalice". *The Therapist: Magazine of the California Association of Marriage and Family Therapists – March/April 2016*: San Diego, CA.
- Strom, L. (2016). "LMFTs: Determined to Succeed". *The Therapist: Magazine of the California Association of Marriage and Family Therapists – January/February 2016*: San Diego, CA.
- Strom, L. (2016). "Azure Acres: A Hidden Jewel". *The Redwood Empire Therapist – Feb. 2016*: Santa Rosa, CA.
- Strom, L. (2015). "LMFTs Answering the Call". *The Therapist: Magazine of the California Association of Marriage and Family Therapists – November/December 2015*: San Diego, CA.
- Strom, L. & Van Buuren, G. (2015). "CAMFT Members Respond to Valley Fire Challenges". *The Therapist: Magazine of the California Association of Marriage and Family Therapists – November/December 2015*: San Diego, CA.
- Strom, L. (2015). "LMFTs: Champions of Change". *The Therapist: Magazine of the California Association of Marriage and Family Therapists – September/October 2015*: San Diego, CA.
- Strom, L. (2015). "President's Message: Moving Mountains". *The Therapist: Magazine of the California Association of Marriage and Family Therapists – July/August 2015*: San Diego, CA.
- Strom, L. (2014). "Connections". *The Redwood Empire Therapist – Dec. 2014*: Santa Rosa, CA.
- Strom, L. (2014). "Penultimate". *The Redwood Empire Therapist – Nov. 2014*: Santa Rosa, CA.
- Strom, L. (2014). "Moving Forward Together". *The Redwood Empire Therapist – Sept. 2014*: Santa Rosa, CA.
- Strom, L. (2014). "Stepping Stones". *The Redwood Empire Therapist – Sept. 2014*:

- Santa Rosa, CA.
- Strom, L. (2014). "Transitions". *The Redwood Empire Therapist – June 2014*: Santa Rosa, CA.
- Strom, L. (2014). "Embracing the Discomforts". *The Redwood Empire Therapist – May 2014*: Santa Rosa, CA.
- Strom, L. (2014). "Seven Generations". *The Redwood Empire Therapist – Apr. 2014*: Santa Rosa, CA.
- Strom, L. (2014). "Historic Happenings". *The Redwood Empire Therapist – Mar. 2014*: Santa Rosa, CA.
- Strom, L. (2014). "Tribal Pride". *The Redwood Empire Therapist – Feb. 2014*: Santa Rosa, CA.
- Strom, L. (2014). "Excitement & Leadership Stem from RECAMFT". *The Redwood Empire Therapist – Jan. 2014*: Santa Rosa, CA.
- Strom, L. (2014). "President's Message". *The Redwood Empire Therapist – Jan. 2014*: Santa Rosa, CA.
- Strom, L. (2013). "Acting President's Message". *The Redwood Empire Therapist – Sept. 2013*: Santa Rosa, CA.
- Strom, L. (2013). "How to add online appointment scheduling to your website". *The Redwood Empire Therapist – June 2013*: Santa Rosa, CA.
- Strom, L. (2013). "Seeking wise sage mentors: Yes, that's you!". *The Redwood Empire Therapist – May 2013*: Santa Rosa, CA.
- Strom, L. (2013). "Linked up on LinkedIn". *The Redwood Empire Therapist – Apr. 2013*: Santa Rosa, CA.
- Strom, L. (2013). "Fighting Facebook phobia!". *The Redwood Empire Therapist – Mar. 2013*: Santa Rosa, CA.
- Strom, L. (2013). "What's the big deal about Yelp?". *The Redwood Empire Therapist - Feb. 2013*: Santa Rosa, CA.
- Strom, L. (2012). "Do social media and counseling mix?". *The Redwood Empire Therapist – Dec. 2012*: Santa Rosa, CA.

Professional presentations

- Strom, L. (2018). "*Clinicians as sleuths: Uncovering hidden brain injury (BI) in our patient/clients, and latest research findings on how to help*". Redwood Empire California Association of Marriage and Family Therapists. January 5, 2018. Santa Rosa, CA.
- Strom, L. (2017). "*Short-term effective youth trauma treatment*". SOS Community Counseling. September 29, 2017. Santa Rosa, CA.
- Strom, L. (2016). "*Short-term effective youth trauma treatment*". Sonoma County Office of Education. April 22, 2016. Santa Rosa, CA.
- Strom, L. (2016). "*Short-term effective youth trauma treatment*". San Francisco State University 5th Annual Counseling Symposium. April 2, 2016. San Francisco, CA.
- Strom, L. (2015). "*Effective trauma treatment*". Inland Empire California Association of Marriage and Family Therapists. January 30, 2015. Redlands, CA.
- Strom, L. (2014). "*Short-term effective youth trauma treatment*". Sacramento Valley California Association of Marriage and Family Therapists. September 19, 2014. Sacramento, CA.
- Strom, L. (2014). "*Posttraumatic and anxiety symptom relief in trauma survivors: Strategies that work*". Brain Injury Association, Annual Conference. March 20, 2014, Timonium, MD.
- Strom, L. (2013). "*Effective trauma treatment*". Redwood Empire California Association of

- Marriage and Family Therapists, December 13, 2013.
- Doherty, C., Orozco, G. & Strom, L. (2013). *“Retrospective research of the transgender experience during adolescence: Implications for school counselors”*. National Transgender Health Summit, May 17, 2013, Oakland, CA.
- Strom, L. (2012). *“Treating children with posttraumatic stress disorder in a school based setting: An introduction to Stanford Cue Centered Treatment”*. Presented at the national American Counseling Association Convention, San Francisco, CA.
- Strom, L. (2011). *“Treating children with posttraumatic stress disorder in a school based setting”*. Presented at San Francisco State University Counseling Department, San Francisco, CA.
- Strom, L. (2011). *“Treating children with posttraumatic stress disorder in a school based setting”*. Presented at the national American Counseling Association Convention, New Orleans, LA.
- Strom, L. (2009). *“Horses as healers: Equine facilitated therapy for grieving children”*. Presented at the National American Counseling Association Convention, Charlotte, NC.
- Bidell, M., Orozco, G. & Strom, L. (2009). *“Transgender experience during adolescence: Retrospective survey research for school counselors”*. Presented at the National American Counseling Association Convention, Charlotte, NC.
- Chope, R. & Strom, L. (2008). *“Critical considerations in career and employment counseling with transgender clients”*. Presented at the National American Counseling Association Convention, Honolulu, HI.
- Strom, L. (2008). *“Transgender Youth”*. Presented at San Francisco State University School Counseling Department. San Francisco, CA.
- Strom, L. (2007). *“Two Spirit Counseling”*. Presented at California Counseling Association State Convention. Burlingame, CA.
- Strom, L. (2007). *“Treating Posttraumatic Stress Disorder in Adolescents”*. Presented at San Francisco State University Counseling Department. San Francisco, CA.
- Strom, L. (2007). *“Transgender Experience”*. Presented at CSU Student Research Competition, San Francisco, CA.
- Strom, L. (2006). *“Two Spirit Elders: Transgendered Aging in the San Francisco Bay Area”*. Presented at The Graduate Showcase, San Francisco State University. San Francisco, CA.

Workshops

- Strom, L. (2013). *“How to effectively market your private practice on a shoestring budget”*. April 13, 2013 for the San Francisco Psychological Association. San Francisco, CA.
- Strom, L. (2013). *“Effective treatment for traumatized youth: A five hour workshop”*. Feb. 22, 2013 at Eastern Illinois University for counseling students, staff and alumni. Charleston, IL.
- Halliday, C. & Strom, L. (2013). *“Santa Rosa Women’s Transition Sharing Group”*. Six Tuesdays beginning Jan. 22, 2013. Santa Rosa, CA.
- Strom, L. (2013). *“How to effectively market your private practice on a shoestring budget”*. Presented Jan. 12, 2012 for the Redwood Empire California Association of Marriage and Family Therapists. Santa Rosa, CA.
- Strom, L. (2012). *“How to effectively market your private practice on a shoestring budget”*. Presented May 11, 2012 for members of the Santa Clara Psychological Association. Palo Alto, CA.

Media mentions

- Espinoza, M. (2018). "Mental health collaborative tackles fire-related trauma in Sonoma County" *Press Democrat*. March 4, 2018.
- Krikorian, M. (2018). "What you missed". *The Redwood Empire Therapist – Feb. 2018*: Santa Rosa, CA.
- Casanova, R. (2017). "President's message". *The Therapist: Magazine of the California Association of Marriage and Family Therapists – November/December 2017*: San Diego, CA.
- Carrión, V. (2015). *Cue-Centered Therapy for Youth Experiencing Posttraumatic Symptoms: A Multimodal Approach*. Cary, NC: Oxford University Press.
- Espinoza, M. (2015). "People displaced by Valley fire in painful limbo" *Press Democrat*. September 17, 2015.
- California Association of Marriage and Family Therapists (2015). *California Association of Marriage and Family Therapists issues statement in full support of Supreme Court ruling on same-sex marriage* [Press release]. Retrieved from <http://www.prnewswire.com/news-releases/california-association-of-marriage-and-family-therapists-issues-statement-in-full-support-of-supreme-court-ruling-on-same-sex-marriage-300105548.html>
- Spangler, K. (2014). "What you missed" *Redwood Empire California Association of Marriage and Family Therapists Newsletter*. Jan. 2014.
- Carrión, V., Kletter, H., Weems, C., Berry, R., and Rettger, J. (2013). "Cue-Centered Treatment for youth exposed to interpersonal violence: A randomized controlled trial". *Journal of Traumatic Stress*. International Society for Traumatic Stress Studies: Deerfield, IL.
- Tucker, J. (2007). "Children who survive urban warfare suffer from PTSD, too". *San Francisco Chronicle*. August 26, 2007.

Memberships and professional organizations

- CalSouthern Student Advisory Council, Executive Committee Member, 2017-2018
Learner Chair, 2017-2018 (inaugural position)
- Advisory Board Member, The School of Psychology, Kathmandu, Nepal, 2016-present
- American Red Cross Volunteer, Northern California Coastal Region, CA Northwest, 2016-2018
- Association for Play Therapy (APT), member 2015-2018
- The California Branch of the Association for Play Therapy, member 2015-2018
- California Association of Marriage and Family Therapists (CAMFT), 2005-07, 2010 to present.
Past President, 2016-2017
President, 2015-2016
President-Elect, 2014-2015
- CAMFT Committee Service
Annual Conference & Continuing Education Planning Committee Chair, 2017 Conference, 2015-2016, 2016-2017
Executive Committee, 2014-2015, 2015-2016, 2016-2017
Chapter Advisory Council, Board Liaison, 2014-2015
Nominating Committee Chair, 2016-2017
Political Action Committee, 2014-2015, 2015-2016, 2016-2017
Strategic Planning Committee, 2015-2016, 2016-2017
- CAMFT Educational Foundation Board of Directors
Chair, 2016-2017
Vice-Chair, 2015-2016
Member, 2014-2015
- Redwood Empire California Association of Marriage and Family Therapists (RECAMFT)

RECAMFT was the 2018 Chapter Excellence Award Winner for Community Outreach
 RECAMFT was the 2014 Chapter Excellence Award Winner (top chapter of CAMFT)
 Disaster Response Team Member, 2016-2018
 Secretary—2017-2018
 Technology and Communications Committee Chair—2015-2018
 Past President—2015
 President—2014
 Acting President—May 2013-Oct. 2013
 President-Elect—2013
 Member—November 2012 to present
 Associate Member, Sandplay Therapists of America, August 2011
 Board of Directors, California Communications Access Foundation (CCAF), which over sees
 all Deaf/Disabled communications in the state of California including the California Telephone
 Access Program (CTAP) and the Deaf/Disabled Telecommunications Network.
 CCAF Board of Directors Member 2009 to May 2013
 CCAF Board of Directors Secretary 2011-2013
 CCAF Compensation Committee Chair 2011-2013
 Order of the Eastern Star, July 2011
 Registered Marriage and Family Therapy Intern, IMF 54476
 California Board of Behavioral Sciences, August 2007 to October 2010.
 California Association for Licensed Professional Clinical Counselors, 2010
 American Counseling Association (ACA), 2007 to present.
 Chi Sigma Iota, Counseling Academic and Professional Honor Society, 2007
 Theta Chi Honor Society, CSI Chapter, San Francisco State University, 2007
 Psi Chi Honor Society, National Psychology Honor Society,
 Vice-President, SFSU Chapter 2004-2005
 Girl Scouts of America, 1993-2006

Personal interests/hobbies

Graphic design and marketing consultation, recent projects include

Dr. Jeff Kline, psychologist: <http://jsklinephd.com>
 Marylou Donnelly, LMFT: <http://maryloudonnelly.com>
 Dr. Bob Casanova, LMFT: <http://bobcasanova.com>
 Rosa Toral, LMFT: <http://www.rosatoraltherapy.com>
 Katie Anderson, LMFT: <http://bloomwithkatie.com/>
 Nancy R. Burns, LMFT: <http://nancyrburns.com>
 Dr. Connie Kellogg, DMH: <http://conniekelloggdmh.com/>
 Gail Van Buuren, LMFT: <http://gailvanbuuren.com>
 Cetacean Awareness: <http://cetaceanawareness.com>

“Black Belt Degree” in Japanese style Karate, 1995

Writing a book about the ACE Study as illustrated with personal stories

Advanced training

Jungian Sandplay Therapy, 68 hour training course*	Aug. 2011
Advanced Jungian Sandplay Therapy, 70 hour training course	Mar. 2012
*Includes work with children and adults. Meets the 36 hour requirement for Sandplay Practitioner Certification.	
Law, Ethics & Supervision: The Use of Authority*, 6 hours	Aug. 2012
Self Disclosures & Supervision: Ethical Considerations*, 6 hours	Aug. 2012

Culturally Relevant Supervision: Ethical Practice*, 6 hours	Aug. 2012
*These prior three courses meet the 15 hour requirement to supervise ASWs, and the 6 hour requirement to supervise APCCs and AMFTs.	
Motivational Incentives: Positive Reinforcers to Enhance Successful Treatment Outcomes for Clinical Supervisors* (5 hrs)	Sept. 2012
*Addiction Technology TCN (NIDA/SAMHSA)	
Foundations of Motivational Interviewing I** (10 hrs)	Nov. 2012
Foundations of Motivational Interviewing II** (10 hrs)	Nov. 2012
**Addiction Technology TCN (NIDA/SAMHSA)	
Healing in Relationship: Using Somatics in Couples Therapy: RECAMFT, (1.5 hrs)	Dec. 2012
Five elements of a client-attracting website: RECAMFT (1.5 hrs)	Jan. 2013
Structured Decision Making Around Risk of Abuse: Ira Lowenthal, JD, David Schneider, Ph.D. Psychology (1 hr)	Jan. 2013
Moodles, MOOCs and Mobile Applications: It's Your Turn to Discover the Power of Learning Online, ATTC, (1.5 hrs)	Jan. 2013
Facing the Angry Client: 5 Easy Steps to Prevent Premature Termination RECAMFT (1.5 hrs)	Feb. 2013
A Culture Centered Approach to Recovery, CASRA, (1.25 hrs)***	Feb. 2013
Barriers to Recovery, CASRA, (1.75 hrs)***	Feb. 2013
Consumers in the Mental Health Workforce, CASRA, (2.5 hrs)***	Feb. 2013
*** Meets requirement for Certified Psychiatric Rehabilitation Practitioner	
Goals, Values and Guiding Principals of Psychosocial Rehabilitation, CASRA, (1.5 hrs)***	Feb. 2013
Recovery Promoting Relationships, CASRA, (1.5 hrs)***	Feb. 2013
Understanding Recovery, CASRA, (1 hr)***	Feb. 2013
***Meets requirement for Certified Psychiatric Rehabilitation Practitioner	
Foundations of SBIRT (Screening, Brief Intervention, and Referral to Treatment), Addiction Technology TCN (NIDA/SAMHSA), (1 hr)	Feb. 2013
What the Law Expects of Me, RECAMFT, (6 hrs)	Feb. 2013
Dialectical Behavior Therapy for Substance Users, CE-Classes, (1 hr)	Mar. 2013
Helping Clients Perceive and Consciously Change Their Patterns of Relating to Others, RECAMFT, (1.5 hrs)	Mar. 2013
Contemporary Perspective on Chronic Pain: Identification and Treatment, RECAMFT, (1.5 hrs)	Apr. 2013
2013 National Transgender Health Summit, Center of Excellence for Transgender Health, (11.5 hrs)	May 2013
Psychotherapy and Spirituality, RECAMFT, (1.5 hrs)	June 2013
Psychotherapy with Latinos, RECAMFT, (1.5 hrs)	Sept. 2013
Domestic Violence Treatment, Assessment and Safety RECAMFT (1.5 hrs)	Oct. 2013
Effective Trauma Treatment, RECAMFT, (1.5 hrs)	Dec. 2013
Gender, Sex & Transitioning: What we all need to know in order to, compassionately serve clients, RECAMFT, (1.5 hrs)	Jan. 2014
Attachment and Overnight Visitation: Making Sense of the Current Research, Chrysalis Community Counseling, Brown Bag (1 hr)	Jan. 2014
What the Law Expects of Me, Part IV, RECAMFT, (6 hrs)	Jan. 2014
Traumatic Brain Injury (TBI), Quantum Units Education, (2 hrs)	Jan. 2014
Grief and Depression, Quantum Units Education, (2 hrs)	Jan. 2014

Insurance and Healthcare Reform: What Every Therapist Should Know, East Bay CAMFT, (3 hrs)	Feb. 2014
DSM-5 Training, RECAMFT, (3 hrs)	Feb. 2014
Working with Couples and AD/HD, RECAMFT, (1.5 hrs)	Feb. 2014
The Journey from Mild TBI and Sports Concussion to Chronic Traumatic Encephalopathy, BIAM (1.5 hrs, CRC)	Mar. 2014
Maybe It's Not Just the TBI: Assessment and Treatment of Non-TBI Factors, BIAM, (1 hr, CRC)	Mar. 2014
Calming the Storm: Mindfulness in the Treatment of Mild Traumatic Brain Injury, BIAM (1 hr, CRC)	Mar. 2014
Health, Wealth, and Love: Reflections from a Lifetime of Goalkeeping (by Brianna Scurry), BIAM, (1.5 hrs, CRC)	Mar. 2014
Vestibular Physical Therapy, BIAM, (1 hr, CRC)	Mar. 2014
Leading the Charge: Current Advances in TBI Care from The Department of Defense, BIAM, (1 hr, CRC)	Mar. 2014
When the Doctor Becomes the Patient: A Rehab Physician/Spouse Share their Story, BIAM, (1 hr, CRC)	Mar. 2014
Caregivers Bouncing Forward and Improving Outcomes, BIAM, (1 hr, CRC)	Mar. 2014
Mindfulness and Spirituality in Psychotherapy, RECAMFT, (1.5 hrs)	Apr. 2014
The Cutting Edge of Mind-Body Medicine: From Immunology To Neuroscience—Joan Borysenko, CAMFT, (2 hrs)	May 2014
How Our Kids are Learning to Kill and Learning to Like it— Lt. Col. Dave Grossman, CAMFT, (5 hrs)	May 2014
Family Therapy in Primary Care, CAMFT, (2 hrs)	May 2014
Changeology: Tailoring Therapy to the Stages of Change— John Norcross, CAMFT, (2 hrs)	May 2014
Treating Explosive Rage: An Integrated Medical and Psychotherapeutic Approach, CAMFT, (3 hrs)	May 2014
Integrated Treatment of Addictive Disorders—Claudia Black, CAMFT (2 hrs)	May 2014
Racial, Gender and Sexual Orientation Microaggressions: Implications For Mental Health Practice—Derald Wing Sue, CAMFT, (2 hrs)	May 2014
From Difficult to Dangerous—Assessing and Treatment of Acting Out, Aggression or Volatility Versus Dangerous or Violence Potential In Clients—Ronald Mah, CAMFT, (2 hrs)	May 2014
CAMFT Annual Meeting, (2 hrs)	May 2014
Predicting Behavior—S. Faye Snyder, CAMFT, (2 hrs)	May 2014
The Closer Together: Further Apart—The Effect of Digital Technology On Sex, Dating and Relationships, Robert Weiss, CAMFT, (2 hrs)	May 2014
Play Therapy: Assessing and Developing Executive Functions, RECAMFT, (1.5 hrs)	May 2014
Heroin Update, Quantum CEU, (1 hr)	May 2014
DSM-5, Gary Gintner, CAMFT (6 hrs)	Aug. 2014
Eye Movement Desensitization and Reprocessing (EMDR) Therapy Part 1, EC Hurley, HAP Training, (20 hrs)	Sept. 2014
Shame: Toxic or Healthy? RECAMFT, (1.5 hrs)	Sept. 2014
Sandtray: Playing to Heal, Recover and Grow, R. Rae, (10 hrs)	Sept. 2014
The Body Keeps the Score, Bessel van der Kolk, MD, PESI, (1 hr)	Sept. 2014

Traumatic Brain Injury, Career Smart, (5 hrs, CRC, BBS)	Sept. 2014
Talking to Clients About Forgiveness, RECAMFT (1.5 hrs)	Oct. 2014
Making the Most of the DSM-5, RECAMFT (6 hrs)	Oct. 2014
Is Marriage as We Know it Dying?, RECAMFT (1.5 hrs)	Jan. 2015
Eye Movement Desensitization and Reprocessing (EMDR) Therapy Part 2, EC Hurley, HAP Training, (20 hrs)	Jan. 2015
Common Mistakes Therapists Make When Treating Sexual Issues, RECAMFT, (1.5 hrs)	Apr. 2015
Somatic Practices for Clients with Anxiety, PTSD and Stress Reduction RECAMFT, (1.5 hrs)	May 2015
Positive Neuroplasticity with Rick Hanson, CAMFT, (2 hrs)	May 2015
When Pornography is an Issue: Innovative Approaches to Psychotherapy And Couples Counseling with Marty Klein, CAMFT, (3 hrs)	May 2015
Mandala: Myth and Meaning in Sandplay with Audrey Punnett, CAMFT, (3 hrs)	May 2015
Stories from Our Journeys as Psychotherapists: A Playback Theater Performance with Armand Volkas, CAMFT, (1.5 hrs)	May 2015
The World is All Around Us: Creating a Multicultural Community With Lee Mun Wah, CAMFT, (6 hrs)	May 2015
CAMFT Annual Members Meeting, (2 hrs)	May 2015
Neuropsychological Treatment of Trauma: Minor Brain Injury and Posttraumatic Stress Disorder, RECAMFT, (1.5 hrs)	June 2015
Using Behavior Experiments to Change Client Belief Systems, RECAMFT, (1.5 hrs)	Sept. 2015
A Day with Rick Hanson: HEAL—Understanding and Learning to use Simple Steps to Create Lasting Happiness (RECAMFT, 6 hrs)	Oct. 2015
Disaster Mental Health Training for Mental Health Professionals With Greg Childs, LMFT, Marin CAMFT, (6 hrs)	Oct. 2015
Bringing Authentic Presence into Therapy with Clients Facing Cancer With Cheryl Krauter, LMFT, RECAMFT, (1.5 hrs)	Dec. 2015
Reciprocal Exchange Dynamics: Leveraging Therapeutic Transactions With Scott Nelson, PhD, LMFT, RECAMFT, (1.5 hrs)	Jan. 2016
Law & Ethics: Using the Language of the Law to “Salt and Pepper” Your Treatment Records, with David Jensen, JD, RECAMFT, (6 hrs)	Jan. 2016
Focusing and the Expressive Arts: With Laury Rappaport, PhD, LMFT RECAMFT, (1.5 hrs)	Feb. 2016
Enhancing Attachment Security: Clinical and Neurobiological Perspectives, with Daniel Sonkin, PhD, LMFT, CIP (3 hrs)	Feb. 2016
Group Therapy 101: The Basics with Lois Friedlander, LMFT, RECAMFT (1.5 hrs)	Mar. 2016
Introduction to Play Therapy: Discovering the Power of Play with Susan Kelsey, LMFT, RPT-S, BBS and APT (6 hrs)	Mar. 2016
Working the Body Knot: A Somatic Communications Model With Theresa Beldon, LMFT and Kitty Chelton, LMFT, RECAMFT (1.5 hrs)	Apr. 2016
The Narcissistic Enchantment: With Meagan Pugh, LPCC RECAMFT (1.5 hrs)	May 2016
Sex Addiction as Affect Dysregulation: A Neurobiologically Informed	May 2016

Domestic Violence in our Community with Bea Esbit, Melissa Jones, Maggie Caffery and Muncie Harper, RECAMFT (1.5 hrs)	Oct. 2016
Legal and Ethical Issues Workshop: "Shh, It's Confidential": Confidentiality of Mental Health Information Under California and HIPAA Laws, by David Jensen, JD, RECAMFT, (6 hrs)	Jan. 2017
Working in the transference with individuals and couples with Dr. Peter Hobson, BSMD, RECAMFT, (1.5 hrs)	Feb. 2017
Adapting and Coping: Acquired Brain Injury I, with Dr. Richard Olcese, PsyD, 16 week class, 1.5 hrs/week, Oct 2016—Feb. 2017	Feb. 2017
Collaborative Couple Therapy with Dan Wile, PhD, RECAMFT (1.5 hrs)	Mar. 2017
The Pharmacy in Your Kitchen: An Overview of Medical and Medicinal Foods with Michael Lara, MD, Institute for Brain Potential, (6.0 hrs)	Mar. 2017
Shamanic Psychotherapy with Jan Ogren, LMFT, (6 hrs)	Apr. 2017
Brain Trauma, Concussion and Dementia with Nikita Katz, MD INR, (6.0 hrs)	May 2017
The Lifelong Effect of Adverse Childhood Experiences—ACE Study with Vincent Felitti, MD, CAMFT (2.0 hrs)	May 2017
Recognizing Pediatric PTSD and Learning a New Approach: Cue-Centered Therapy with Victor Carrion, MD, CAMFT (5.0 hrs)	May 2017
Spanking is Hitting with Elizabeth Gershoff, CAMFT (1.0 hrs)	May 2017
Using Hypnotherapy to Treat Shock and Secondary Trauma with Diane Zimberoff, LMFT and David Hartman, LCSW, CAMFT, (4.5 hrs)	May 2017
Annual Members Meeting, CAMFT, (2.0 hrs)	May 2017
Re-Parenting for Resiliency: A Neurodevelopmentally Informed Parenting Approach to Understanding and Healing Dysregulation with Robbyn Peters Bennett, MA and George Davis, MD, CAMFT, (3.0 hrs)	May 2017
When Eros Enters the Room: Erotic Transference and its Healing Nature with Felicia Matto-Shepard, MFT, RECAMFT, (1.5 hrs)	June 2017
Adapting and Coping: Acquired Brain Injury II, with Dr. Richard Olcese, PsyD, 16 week class, 1.5 hrs/week, Feb. 2017—June 2017	June 2017
Intensive Filial Therapy Training with Karen Pernet, LCSW Family Enhancement and Play Therapy Center, (27 hrs)	June 2017
Introduction to Neurofeedback for Therapists with Sylvia Costales, LMFT, RECAMFT, (1.5 hrs)	Sept. 2017
Brief disaster response training for helping professionals: Facilitating recovery and resilience for people impacted by the NorCal wildfires" with Doreen Van Leeuwen, LMFT, RECAMFT, (2 hrs)	Oct. 2017
The Wild Edge of Sorrow: Working with Grief and Loss in our Everyday Lives with Francis Weller, LMFT, RECAMFT, (6 hrs)	Oct. 2017
Clinicians as Sleuths: Uncovering Hidden Brain Injury (BI) in Our Patient/Clients, and Latest Research Findings on How to Help with Laura Strom, LMFT, LPCC, RECAMFT, (1.5 hrs)	Jan. 2018
Legal and Ethical Issues Workshop: What Does the Phrase "Standard of Care" Mean to You? by David Jensen, JD, RECAMFT, (6 hrs)	Jan. 2018
Life After Fifty, With or Without Adult Children with Sara Zeff Geber, PhD, RECAMFT (1.5 hrs)	Feb. 2018

The Deepest Well: Healing the Effects of Childhood Adversity in Sonoma County with Mary Kelly Persyn, PhD, JD, RECAMFT, (1.5 hrs) Mar. 2018
Skills for Psychological Recovery (SPR) Training with Drs. Joe Ruzek & Patricia Wilson, RECAMFT, (12 hrs) Apr. 2018
The Effect of Gender on Male Depression and Suicide: Diagnostic Issues and Integrative Therapeutic Approaches with Bruce Feingold, PhD, RECAMFT, (1.5 hrs) May 2018
Psychotherapy for a Changing Planet with Leslie Davenport, LMFT, RECAMFT, (1.5 hrs) June 2018