SAN FRANCISCO

Integral Counseling Center at Pierce St

2140 Pierce Street San Francisco, CA 94115

415-776-3109

Website: www.integralcounseling.org Services: Individual, Couples, & Family

Therapy; Groups

Fees: Sliding Scale Available

Other: Services provided by supervised

trainees

Marina Counseling Center

2137 Lombard Street San Francisco, CA 94123

415-536-2137

Website: www.marinacounseling.com Services: Individual & Couples Therapy;

Groups

Fees: Sliding Scale \$25-\$100

Other: Services provided by supervised

trainees

San Francisco Counseling Center

1801 Bush Street, Suite 215 San Francisco, CA 94109

415-440-0500

<u>Website</u>: <u>www.sfcounselingcenter.com</u> <u>Services</u>: Individual, Children, Adolescents &

Couples Therapy; Groups Fees: Sliding Scale available

Other: Services available in Swedish

Whitney Clinic at C. G. Jung Institute

2040 Gough Street San Francisco, CA 94109 415-771-8055 ext. 205 Website: www.sfjung.org

Services: Individual & Couples Therapy

PENINSULA & SOUTH BAY

Almaden Valley Counseling Service

6529 Crown Blvd, Suite D San Jose, CA 95120 408-997-0200

Website: www.avcounseling.org

Services: Individual, Children, Adolescents,

Couples, & Family Therapy Fees: Sliding Scale available

Other: Services provided by supervised

trainees

Community Center for Health & Wellness

744 San Antonio Road, Suite 22/24

Palo Alto, CA 94303 650-493-5006

Website: www.counseling.itp.edu
Services: Individual, Couples, & Family

Therapy

<u>Fees</u>: Sliding Scale available

Other: Services provided by supervised

trainees

Sunnyvale Community Counseling Center

572 Dunholme Way Sunnyvale, CA 98087

408-524-4900

Website:www.jfku.edu/Locations/Communi

ty-Counseling-Centers.html

Services: Individual, Children, Couples, &

Family Therapy

Fees: Sliding Scale available

Other: Services provided by supervised

trainees

The Gronowski Center

5150 El Camino Real, Suite 22, Building C

Los Altos, CA 94022 650-961-9300

SACRAMENTO AREA

H.O.P.E. Counseling Center

Roseville Center

720 Sunrise Ave, 202C Roseville, CA 95661 916-780-1059

Midtown Sacramento Center

2623 24th Street

Sacramento, CA 95818

916-444-2170

Website: www.hope-counselingcenter.org

Services: Individual, Couples, Children, &

Family Therapy

Fees: Sliding Scale available

River Rock Counseling Agency

4944 Sunrise Blvd, Ste J-5

Fair Oaks, CA 95628 916-642-5410

Website: www.riverrockcounseling.com

 $\underline{\mathsf{Services}} \colon \mathsf{Individual}, \mathsf{Couples}, \mathsf{Children}, \, \& \,$

Family Therapy

Fees: Sliding Scale available

Sacramento State University- Center for Counseling and Diagnostic Services

Sacramento State University

Eureka Hall Room 421

6000 J Street

Sacramento, CA 95819

916-278-6252

Website: www.edweb.csus.edu/ccds/ Services: Individual, Couples, Children, &

Family Therapy; Assessment

Fees: \$100 for 12-14 sessions of therapy

Windows of Hope Counseling Centers Sacramento Counseling 916-412-5679

Website: windowsofhopecounseling.org Services: Individual, Couples, Children, &

Family Therapy

Fees: Sliding Scale Available

MARIN COUNTY

Community Institute of Psychotherapy

1330 Lincoln Ave, Suite 201 San Rafael, CA 94901

415-459-5999 ext. 102

Website: www.cipmarin.org

Services: Individual, Couples, Children, &

Family Therapy

Fees: Sliding Scale available; Medi-Cal;

Medicare; Private Insurance

Other: Services provided by supervised

trainees

Family Service Agency of Marin

Multiple Sites 415-491-5700

Website: www.fsamarin.org

<u>Services</u>: Individual, Children, Couples, & Family Therapy; Groups; Substance Abuse

Recovery; Parenting Services

Fees: Sliding Scale available; Medi-Cal;

Medicare; Private Insurance

Other: Services provided by supervised

trainees

Jewish Family & Children's Services

600 5th Avenue San Rafael, CA 415-491-7960

Website: www.jfcs.org/services/individuals-

<u>couples/counseling-consultation</u>
<u>Services</u>: Individual & Family Therapy
Fees: Sliding Scale available \$80-\$145;

EAST BAY

Asian Community Mental Health Services – Oakland

310 8th Street, Suite 201 Oakland, CA 94607 510-451-6729

Website: www.acmhs.org

<u>Services</u>: Individual Therapy; Some Case management/Medication Evaluation <u>Fees</u>: Sliding Scale available for those who do not have private insurance; accept

Medicare and MediCal

Other: Offer therapy in 8 Asian languages; serving primarily Alameda County residents, with the exception of Berkeley and Albany

Asian Community Mental Health Services – Richmond

12240 San Pablo Avenue Richmond, CA 94805 510-970-9750

Website: www.acmhs.org

Services: Individual, Couples, & Family
Therapy available in Vietnamese – can
make arrangements for Cantonese and
Mandarin – have staff who speak Laotian
and Mien and could translate; Case
Management available; Support Groups in
Vietnamese and Laotian; help with
connecting with various social services
available

Fees: Accept Medical

Other: Offer services in five Asian languages: Cantonese, Mandarin, Vietnamese, Laotian, and Mien

Berkeley Therapy Institute

1749 Martin Luther King Jr. Way Berkeley, CA 94709 <u>Fees</u>: The fees for Psychologists, counselors, and the Nurse Practitioner are sliding scale.

Fees for the Psychiatrists are set.

Other: Some counseling by supervised interns, some by licensed professionals.

Blue Oak Therapy Center

3101 Telegraph Avenue Berkeley, CA 94705 510-649-9818

Website: www.blueoaktherapycenter.org

<u>Services</u>: Individual, Children, Teen,

Couples, & Family Therapy Fees: Sliding Scale from \$90-\$45

Other: Therapy provided by supervised Marriage and Family Therapy registered

interns.

California Counseling Institute

1562 Oakview Avenue Kensington, CA 94707 510-704-8046

Website: www.californiacounseling.org
Services: Individual, Couples, Children, &

Family Therapy

Fees: Sliding scale available; Aetna, and

BlueShield HMO plans accepted

Center for Creative Growth

1221 Marin Avenue Berkeley, CA 94706 510-527-2100

<u>Website</u>: <u>www.creativegrowth.com</u> <u>Services</u>: Individual & Couples Therapy;

Groups; Workshops

Fees: Sliding scale available

EAST BAY CONT.

Oakland Center for Holistic Counseling

2501 Harrison Street Oakland, CA 94612 510-444-3344

Website:www.jfku.edu/Locations/Communi

ty-Counseling-Centers.html

Services: Individual, Couples, & Family

Therapy; Groups

Fees: Sliding scale available

<u>Other</u>: Counseling done by graduate students in training under supervision.

The Pacific Center (Services for LGBT community)

2712 Telegraph Berkeley, CA 94705 510-548-8283

Website: www.pacificcenter.org
Services: Individual, Couples, & Family
Therapy; Groups; Workshops; Peer-to-Peer

Groups

Fees: Sliding scale available from \$90-25

Pleasant Hill Community Counseling Center:

100 Ellinwood Way Pleasant Hill, CA 94523

925-798-9240

Website: www.jfku.edu/Locations/Communi

ty-Counseling-Centers.html

Services: Individual, Couples, & Family

Therapy; Groups

Fees: Sliding Scale available

Other: Counseling done by supervised

graduate students.

Psychotherapy Institute

2232 Carleton Street Berkeley, CA 94704 510-548-2250

Website: www.tpi-berkeley.org

Services: Individual & Couples Therapy

Fees: Sliding scale \$25-\$90

Other: Counseling done by supervised trainees with at least 1 year of clinical

experience.

Women's Therapy Center

2105 Martin Luther King Jr. Way

Berkeley, CA 94709 510-524-8288

<u>Website</u>: <u>www.womenstherapy.org</u> <u>Services</u>: Women, Adolescent girls, &

Couples Therapy

<u>Fees</u>: Sliding scale available: \$84-\$25 for

individuals, \$95-\$40 for couples

Other: Therapists are advanced or postgraduate students in Marriage and Family

Therapy, Clinical Social Work, or

Psychology, who are under supervision.

The Wright Institute - Berkeley

Addison Street Clinic - 510-548-9716 Parker Street Clinic - 510-486-8998

Website: www.wi.edu/clinics

Services: Individual & Couples Therapy

Fees: Sliding Scale available

Other: Counseling done by graduate students in training under supervision.